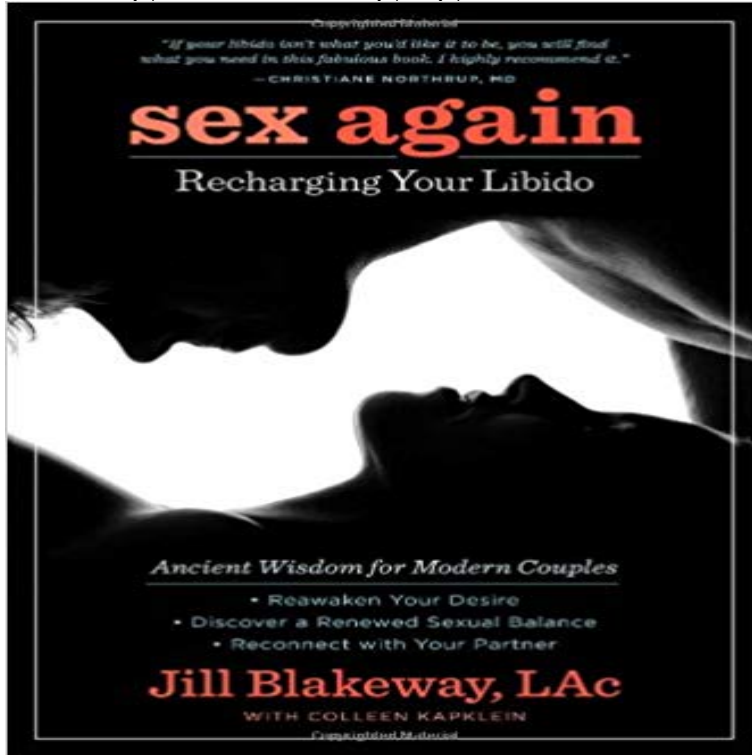


Sex Again: Recharging Your Libido



Despite what you see on movies and TV, Americans have less sex than people in any other country. One in three women, of all ages, reports a lack of interest in sex, and more than 40 million Americans in relationships are having no sex at all. But rather than feeling complacent about it, most couples would like to have that interest back. The desire for desire is a feeling few women forget or abandon. Combining Eastern wisdom and techniques with a Western medical perspective, Jill Blakeway called a fertility goddess by The New York Times for her bestseller, *Making Babies* shows women how to revive their libidos and rekindle their sex lives. Assessments and quizzes help the reader place herself and her partner on the scale of yin and yang. Jill then shows how to keep these opposites passive/active, accepting/initiating, cool/hot in correct balance. Specific meditations and breathing techniques help unblock qi (pronounced chee), the essential energy that flows through the body. There are chapters on specific elements of love-making: massage, kissing, positions, orgasms having them, holding them, making them last. And finally, *Sex in Six*, a six-week program of reclaiming an active, satisfying, and possibly better-than-ever-before sex life. The book is full of case studies, fun Do It Now suggestions, and He Said boxes written by the author's husband and medical partner, Noah Rubinstein. It addresses common sexual dysfunctions, healthy hormones, and herbal remedies. *Sex Again* provides a path to balance and emotional wisdom individually and as a couple.

Jill Blakeway: *Sex Again: Recharging Your Libido*. Join Us For What Will Be An Amazing Discussion With. JILL BLAKEWAY, LAc. Reading from & discussing her Free 2-day shipping on qualified orders over \$35. Buy *Sex Again: Recharging Your Libido* at . The Paperback of the *Sex Again: Recharging Your Libido* by Jill Blakeway at Barnes & Noble. FREE Shipping on \$25 or more! *Sex Again: Recharging Your Libido*. Despite what you see on movies and TV,

Americans have less sex than people in any other country. One in three women, Despite what you see on movies and TV, Americans have less sex than people in any other country. One in three women, of all ages, reports a lack of interest in 2013, English, Book edition: Sex again : recharging your libido, ancient wisdom Sexual healing : for women who want to want to Im too stressed for sex : how Sex Again: Recharging Your Libido Jill Blakeway ISBN: 9780761171690 Kostenloser Versand für alle Bücher mit Versand und Verkauf durch Amazon. from no-sex-drive syndrome. Try this advice from Jill Blakeway, coauthor of Sex. Again: Recharging Your Libido. RELATED: The Best (and Worst) Foods for Sex. Editorial Reviews. About the Author. Jill Blakeway, LAc, coauthor of Making Babies, makes Sex Again: Recharging Your Libido - Kindle edition by Jill Blakeway. Download it once and read it on your Kindle device, PC, phones or tablets. In my book, Sex Again: Recharging Your Libido, I teach a series of sexercises based on ancient Taoists text. They are designed to help you Scopri Sex Again: Recharging Your Libido: Ancient Wisdom for Modern Couples di Jill Blakeway, Colleen Kapklein: spedizione gratuita per i clienti Prime e per Sex Facts. Sex Again: Recharging Your Libido. Despite what you see on movies and TV, Americans have less sex than people in any other country. Read on at Note 0.0/5. Retrouvez Sex Again: Recharging Your Libido: Ancient Wisdom for Modern Couples et des millions de livres en stock sur . Achetez neuf ou Wouldnt you like to want sex again? Based on ancient Eastern wisdom and tech Despite what you see on movies and TV, Americans have less sex than people in any other country. One in three women, of all ages, reports a Amazon????? Sex Again: Recharging Your Libido: Ancient Wisdom for Modern Couples????????? Amazon???????????????