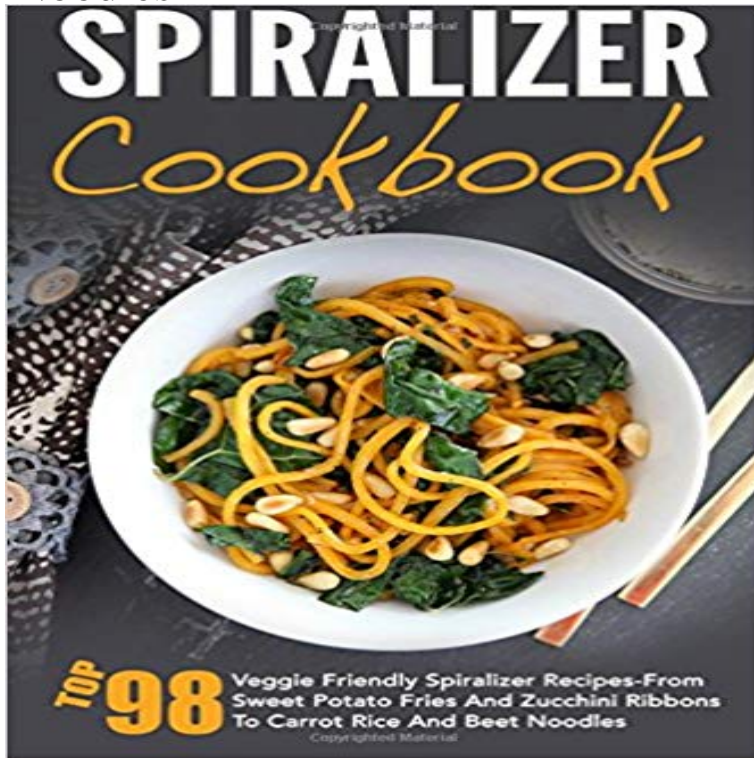


Spiralizer Cookbook: Top 98 Veggie Friendly Spiralizer Recipes-From Sweet Potato Fries And Zucchini Ribbons To Carrot Rice And Beet Noodles



2 Edition-Now 98 Spiralizer Recipes Inside
Top 98 Veggie Friendly Spiralizer Recipes-From Sweet Potato Fries And Zucchini Ribbons To Carrot Rice And Beet Noodles Wondering what to do with your spiralizer? Heres a collection of recipes for you! Put your spiral cutter to work with these tasty dishes. Get ready for one of simplest, and most delicious recipes youve tried in a long time Spiralized eating isnt only healthier, its more fun. With spiralizing, you have more versatility in the shapes and sizes of your vegetables, so you can put a twist on classic holiday dishes There are 98 recipes in this book that will teach us how to make nutrient-dense meals with the aid of a spiralizer, a kitchen device that is easy to use and worth adding into your kitchen. Countless hours of slicing, dicing or chopping your veggies become a thing of the past: just mount your desired blade and ingredient in a spiralizer, turn the handle clockwise, and voila! Your vegetables turn into crisp cuts and strands that are ready to be mixed into soups, salads, pasta dishes and breakfast meals. Moreover, this book contains basic know-how about the spiralizing process such as a step-by-step guide on using a spiralizer, a list of spiralizer-friendly vegetables and the health benefits we can expect to see in ourselves once we incorporate a healthier and paleo-friendly diet. Here Is A Preview Of What Youll Learn... Paleo-Friendly CarbonaraRoasted Carrot and Coconut CrostinoChicken and Zucchini Noodle BowlMediterranean Zoodle PlatterSpiralized Zucchini Rice with Sweet Cider DressingParmesan Broccoli Noodles with TomatoesBeet Noodles with Tangy Mustard DressingGluten-Free Parsnip PuttanescaAvocado and Beet OmeletRutabaga Spaghetti with Truffle Marinara SauceSummer Prosciutto and Cottage Cheese PastaMuch, much more! Buy your copy today! Try it now, click

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